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Above: Year 8 and 9G celebrating Teachers' Day with Ms. Chau Ms. An, Ms. Thuy and Ms. Dung

Below: Annie from IGCS 1 hosting a quiz about the teachers.



Address: Dai An Residential Area Ward 9 Vung Tau, Ba Ria Province Vietnam Tel: (84-254) 358 4402 Fax: (84-254) 358 4403 Email: enquiry@yungtau.sis.edu.yn

SINGAPORE INTERNATIONAL SCHOOL @ VUNG TAU

November 2017

VISION

To be an educational institution of excellence from Kindergarten to University Foundation level combining Eastern Values with an International education to produce global citizens.

MISSION

To provide quality educational programmes in a creative and challenging learning environment, embracing innovative teaching pedagogies to empower every student to become a life-long learner.

Dear Parents

It has been quite a busy month with a bit of pressure on academic work, swimming programme, after school activities, homework and Assembly preparations; and then there is still play time and study time... Yes our students are learning and slowly getting to achieve their goals. However, of utmost importance is also rest – getting enough sleep will certainly aid physical growth and better concentration in the classroom – see article on last page.

A kind reminder to parents that you can watch your child's progress by logging on to Edupage (Years 1 to IGCSE) and see their grades. Teachers also post homework so that parents can track some of the responsibilities allocated to students. Every parent (with a valid registered email address) should have received the log on details from **aSc** in either your Inbox or maybe in your Spam box. Let us know in the event that you cannot access Edupage.

Our swimming programme continued from Tuesday 21 November after a 2 week delay due to water quality after some malicious acts from outsiders.

We celebrated Teachers' Day on Monday 20 November 2017. It was a very successful day and on behalf of our dedicated staff, thank you for the wishes and gifts. Our staff were also treated to an early dinner at Ngon City which made the day a perfect day.

Thank you for your continued support. We look forward to seeing all our parents and friends at the Christmas Charity Fair to be held on Friday 8 December 2017 @ school starting at 6:00 pm. Hope you bought your tickets and coupons already!

Warmest regards

Dudley Schroeder Principal

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SINGAPORE INTERNATIONAL SCHOOL @ VUNG TAU



Above: Kindergarten staff; Ms. Chi , Ms. Thom and Ms. Lily looking wonderful in their ao dais.



Above: Some of the lovely performers from Kindergarten.



Above: The Year 4 International students have been learning about the Vikings in Social Studies and made their own long-ship complete with vikings and shields.

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Teachers' Day

Teachers' Day is a celebration of the honorable profession of educating the next generation. It was celebrated on the 20^{th} of November.

Many of the teachers wore their gorgeous ao dai and received so many gifts, cakes, cards, and flowers. It's always so heartwarming to see how much the students love and appreciate their teachers.

In the morning everyone assembled in the hall, the wonderful presenters, Annie and Kevin kept the crowd laughing with their fun quizzes designed to test how well the students know their teachers. Several of the students in the kindergarten and in some higher grades did a few performances and there was some amazing singing too. The Student Council put together a lovely video where they had interviewed students and asked them about their teachers. Students expressed their admiration, love and appreciation for the work their teachers do – and one could see that the teachers were moved by all the kind words.

A big thank you from all the teachers for making their day so special!

Social Studies Year 4L

As part of their social studies curriculum, Ms. Anna's Year 4 class has been learning about the Vikings. We were curious to hear about what they had learnt. Below are some of the students' thoughts on the Vikings.

Xuyen: The Vikings were farmers. They were adventurous and wanted to travel to different places. They were fierce warriors who were brave. They built long-ships with dragon heads to scare their enemies. When they found the United Kingdom they attacked the churches and stole the gold and books. They killed the monks or made them slaves. The Vikings travelled to Europe, Iceland, Greenland and America.

Anne: Our Vikings project was really fun. We made shields, helmets and weapons. We also made a big Viking long-ship. We dressed up as Vikings and Ms Anna took pictures of us and stuck them in the ship. We put our shields along the side like the Vikings did to protect them from weather. It was good learning about Vikings.

It was an amazing project; every student got involved, loved the challenge and had great fun learning and researching



Above: Some of our IGCSE 1 students being responsible citizens and showing concern for their fellow man.



Above: The boys of Year 5 Integrated discussing how to be confident communicators.



Above: KIK students getting in the mood for the forthcoming Christmas Charity Fair ...



Responsible Citizens Outreach by IGCSE 1

"We can't help everyone, but everyone can help someone." - Ronald Reagan

On the 11th of November, Lucia, Kevin, Valentina and Daniel went around in Vung Tau with the charity money that they got from teachers at their school. They received over 1 000 000 VND, and a box of noodles.

They did this for two reasons, firstly it was for their group project in Global Perspectives and secondly it was because they want to help improve our world, starting locally first. They hope that their action will inspire others, making us all more aware of the plight and frustrations of people unemployed, struggling and suffering.

They used part of the money to buy bread and water in the early afternoon for some people who seemed like they didn't have much, and those who have jobs in the community such as the local sweepers, as they work for the government, but receive low wages.

As you know, one of our school's learner goals is to be a responsible citizen. We're always glad when our students take the initiative to help those who are less fortunate than ourselves.

Spotlight on Year 5G

This school year, there are 6 boys in Year 5 Integrated. They are all hard-working, cooperative and competitive in their learning and of course following all school rules. They have set their learning goals and strive for continuous improvement in order to be good role models for younger students at SIS.

CHRISTMAS CHARITY FAIR 2017

8 December @ 18: 00

Please support us as we support Operation Smile!

To learn more about this very worthy charity, please visit:

www.operationsmile.org.vn

Join us for lots of fun and games and the chance to win amazing prizes!!

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Above: Year 6G works well as a team what ever they do.



Above: Anthony and Emma, the Reading Stars for November.

how much sleep is enough for your child?

Some kids may be wired to operate on a little less sleep than others, but the National Sleep Foundation suggests these guidelines:

WHEN KIDS ARE	THEY NEED
up to 2 months	10.5 to 18 hours
3 to 12 months	9.5 to 14 hours
1 to 3 years	12 to 14 hours
3 to 5 years	11 to 13 hours
5 to 12 years	10 to 11 hours
0.00	

Above: Is your child getting enough sleep?

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Spotlight on Year 6G

Year 6G has 7 members: Gia Linh, Minh Khue, Chi Hieu, Minh Khoi, Thanh Duy, Kayla and Nang Mai. Each student is an individual with differences in personality and thinking. The early years are often difficult and awkward as everyone tries to find their place, but they have learned to love, share, and understand. Their teachers take great care of them, motivating them constantly to do their best and promote teamwork for all. Support for each other is important to them as this is a way for them to express appreciation and respect.

Library Stars

For the month of November, we would like to acknowledge the following two students; Anthony in Year 4G and Emma in Year 3L for being voracious readers. Keep up the excellent work!

"'A reader lives a thousand lives before he dies', said Jojen. 'The man who never reads lives only one.'" — <u>George R.R. Martin, A Dance with Dragons</u>

Why Sleep is Good for Kids

With the exams looming on the horizon we wanted to highlight the importance of sleep in making sure our students can be the best version of themselves. Often we hear that our students have gone to bed too late. Here is a summary from an article called 'The Seven Reasons Your Kids Need Sleep', from the website parents.com.

- 1. Sleep promotes growth
- 2. Sleep helps the heart
- 3. Sleep affects weight
- 4. Sleep helps beat germs
- 5. Sleep reduces injury risk
- 6. Sleep increase kids' attention span
- 7. Sleep boosts learning

As you can see these are all positive things which will help ensure your child comes to school ready to learn and focus. Please see the figure to the left which suggests how much sleep a child needs based on their age.

It is important to build a routine at night so that your child can start to relax and know what to expect in the evenings.